

7th INAS Cycling Open European Championships



Anadia
PORTUGAL

21st to 27th July 2020

INVITATION TO
7th INAS Open European Cycling Championships – Anadia, Portugal
21st to 27th July 2020

Vila Nova de Gaia – PORTUGAL, 2nd July 2020

Dear sports friends,

The Organising Committee supported by ANDDI-Portugal, the Portuguese Sports Association for Intellectual Development and INAS Europe, we have the pleasure to invite you to the “**7th INAS OPEN EUROPEAN CYCLING CHAMPIONSHIPS**” to be held in **ANADIA – Portugal**, on **July 2020 from 21st to 27th**.

We sincerely hope to be able to meet all your expectations.

We do hope your teams (athletes and officials) will appreciate the hospitality of our country.

Enclose we send you all the 1st information about this event.

I would be grateful for your confirmation and participation.

We need your answer quickly, so please send us your **intent of participation before next 30th September 2019**.

We hope to see you all next July 2020 in ANADIA – PORTUGAL.

Will you participate at the “7th INAS OPEN EUROPEAN CYCLING CHAMPIONSHIPS”?:

YES

NO

Country – _____

Yours sincerely,

António Pereira
ANDDI-Portugal Technical Director

FOR CONTACT:

E-mail info@anddi.pt
paula.cristina@anddi.pt

Phone +351 227 129 138
+351 915 440 151

1st INFORMATION

1. **ORGANISATION**
ANDDI-Portugal, the Portuguese Sports Association for Intellectual Development

2. **STATUS – Sanctioned by**
INAS Europe

3. **TECHNICAL SUPPORT**
FPC, the Portuguese Cycling Federation
ACBL, the Regional Cycling Association
ADOP, the Portuguese Anti-Doping Agency (member of WADA)

4. **SUPPORTED BY**
C.M. Anadia
FPDD
IPDJ

Anadia Municipality
the Portuguese Sports Federation for the Disabled People
the Portuguese Sports and Youth Institute

5. **DATE**
21st to 27th July 2020

6. **VENUE**



Anadia is a Portuguese city belonging to the District of Aveiro, central region and sub-region of Aveiro, with about 6,000 inhabitants. Anadia is approximately halfway between the cities of Aveiro and Coimbra.

Anadia is a quality winemaking region of the famous Sparkling Wine (champagne).



7. AIRLINES

Direct Fly from several world main Airports to the Oporto International Airport.

The airport you need to fly to is **OPORTO** (100Km from/to Anadia).

If you fly to any other airport in Portugal, for example Lisbon at 200Km, you will need to organise your own transport to Anadia by train.

The Organising Committee will provide transportation from and to the Oporto airport, as well as during the Championship.

8. SPORTS COMPETITION FACILITIES

8.1 Roads and Cycling circuits of Anadia / Bairrada Region

8.2 Cycling Track / Velodrome of Sangalhos

9. ACCOMMODATION

CAR de Sangalhos – Sports High Performance Center (*only Triple Rooms are available*)

10. SOCIAL PROGRAMME

Bairrada wine region sightseeing and visits to wineries and cellars.

11. PROVISIONAL SCHEDULE / PROGRAMME

July 21 st , Tuesday	Arrival of Delegations Welcome Ceremony (tbc)
July 22 nd , Wednesday	Training session Opening Ceremony / Teams Presentation Technical Meeting
July 23 rd , Thursday	Road Competition <ul style="list-style-type: none"> • 1st Stage – Single Time Trial (I11 – 10km / I12 – 5km / I13 – 10km) • Awards Ceremony
July 24 th , Friday	Road Competition <ul style="list-style-type: none"> • 2nd Stage – Team Time Trial (only I11 – 20km) • Awards Ceremony Social Programme
July 25 th , Saturday	Road Competition <ul style="list-style-type: none"> • 3rd Stage – Road Race (I11 – 60km / I12 – 15km / I13 – 60km) • Awards Ceremony
July 26 th , Sunday	Track Competition (<i>specific bike is required</i>) <ul style="list-style-type: none"> • Individual Track events (only I11) <ul style="list-style-type: none"> ○ 500m Time Trial ○ 1.000m Time Trial ○ 2.000m Pursuit ○ Flying Lap • Awards Ceremony Closing Ceremony
July 27 th , Monday	Departure of Delegations

12. SPORTS RULES AND REGULATIONS

According to the UCI – Union Cyclisme International Rules & Regulations and INAS adaptations

13. PARTICIPANTS

13.1 – No limit number of participants per country;

13.2 – For the Team Competition a country must enter a minimum of 2 riders men and/or 2 women;

13.3 – Each country can present a maximum of 2 Teams (Team “A” and “Team “B”), but only one team will be awarded on Team Time Trial.

14. ENTRY FEE

- €505 EURO per participant (athletes, coaches and staff), including full board (accommodation and meals), transports from/to Oporto Airport and local transportation, social program and INAS Europe Capitation Fee;

- *Extra nights are not included. If the needed should be arranged by each team*

- 30% must be paid at same time of the 2th Entry, before 31th March 2020;

- *This requirement it's necessary for the nominal entries be accepted*

- The remaining 70% must be paid with the Final Entry, before 30th June 2020.

15. PAYMENT FORMALITIES

The Entry Fee must be paid to:

ANDDI-PORTUGAL

BANK

Caixa Geral de Depósitos

NIB

0035 0888 00088552030 39

IBAN

PT50 0035 0888 00088552030 39

SWIFT CODE

CGDIPTPL

ADDRESS

Avenida da República, 879

4400-280 Vila Nova de Gaia - Portugal

16. REGISTRATION FORMALITIES

- Intention of Participation - before 30th September 2019
- 1st Entry (by number) - before 31th December 2019
- 2nd Entry (by name) - before 31th March 2020
- Final Entry (final confirmation & travel form) - deadline 30th June 2020

17. ORGANIZATION AND INFORMATION OFFICE

ANDDI-Portugal – ASSOCIAÇÃO NACIONAL DESPORTO DEFICIÊNCIA INTELECTUAL

Address: Rua Profª Angélica Rodrigues, 46 Sala 7
4400-555 V.N.Gaia – Portugal

Phone +351 227 129 138

Mobilphone +351 915 440 151

E-mail paula.cristina@anddi.pt / info@anddi.pt

Website www.anddi.pt

Vila Nova de Gaia – Portugal 2nd July 2019

António Pereira

ANDDI-Portugal Technical Director

1st ENTRY – DELEGATION FORM**(by numbers)**

COUNTRY	
INAS MEMBER	
Address	
Postal Code	
Telephone	
E-mail	
Contact person	
Position	

1st ENTRY (Number)	MALE	FEMALE	TOTAL
Number of Athletes / Ryders			
Number of Coaches / Team Officials			
Total of Delegation			

**Please return this form to ANDDI-PORTUGAL
before 31st December 2019
E-mail: paula.cristina@anddi.pt**

2nd ENTRY – DELEGATION FORM

(by names)

COUNTRY –

	Family Name	Given Name	Date of Birth Year / Month / Day	Gender	Position In the Team
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Position in the Team:

- Head of Delegation / Team Manager / Coach / Medical personnel (Doctor / Physiotherapist) / Mechanician / Escort
- Athlete (Ryder)

ENTRY FEE

30% of Entry Fee must be paid **no later than 31th March 2010** to:

BANK	Caixa Geral de Depósitos
NIB	0035 0888 0008852030 39
IBAN	PT50 0035 0888 0008852030 39
SWIFT CODE	CGDIPTPL
ADDRESS	Avenida da República, 879 4400-280 Vila Nova de Gaia – Portugal

# Persons: _____	x Entry Fee (€505 EURO) = _____	(Total Amount)
	30% of Total Amount = _____	

**Please return this form and proof of 30% payment to ANDDI-PORTUGAL
before 31th March 2020**

E-mail: paula.cristina@anddi.pt

ARRIVAL / DEPARTURE FORM

COUNTRY –

ARRIVAL

	Date	Time	Flight #	Arriving at	Arriving from
<i>Air</i>					
<i>Rail</i>					
<i>Road</i>					

DEPARTURE

	Date	Time	Flight #	Departing at	Departing to
<i>Air</i>					
<i>Rail</i>					
<i>Road</i>					

CEREMONY MATERIAL:

- 3 National Flags** (if the case)
- 1 National Anthem** (pen drive)

DATE

____/____/____

SIGNATURE

Please return this form and proof of remaining payment (70%) to ANDDI-PORTUGAL
before 30th June 2020

E-mail: paula.cristina@anddi.pt